

2010 NJ-SYFL Rule Book Changes:

1. Two (2) Refs for D and E Level games (\$55 per Ref.)
2. Three (3) timeouts per half (A, B & C Levels)
3. Players that sustain an impact to the head and are identified as injured by the refs, must be evaluated and cleared by a Dr. before returning to the game.
4. No new players may be added to a roster after Opening Day, unless the Hardship rule is being invoked (Roster below 18 players).